### XX MAVEN

# Meet Maven. Free virtual support for family

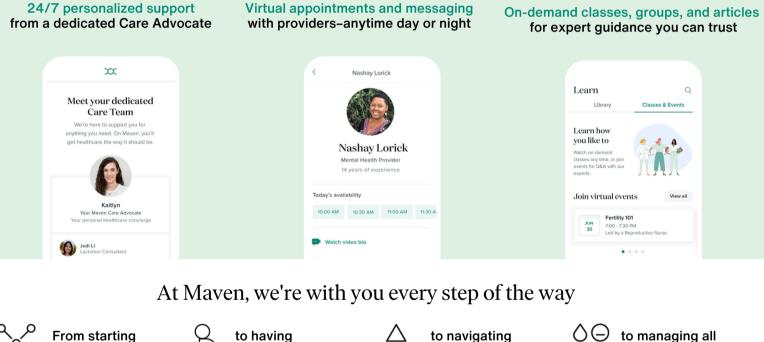
## building, pregnancy, parenting, menopause, and

#### midlife.

With Maven, you get personalized 24/7 care and guidance for your path to parenthood and beyond–when you need it, how you need it (yep, even at 2am).



### Here's what you and your partner get with Maven:



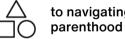


From starting a family

- Thinking about planning your family
- Exploring fertility treatments (IUI, IVF and egg freezing)
- Choosing a surrogacy or adoption agency
- Managing your mental health



- Creating your birth plan
- Breastfeeding or bottle feeding support
- Navigating infant sleep
- Free breast milk shipping



• Pediatric care

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- Parent coaching
- Help finding the right childcare
- Developmental support



#### to managing all stages of menopause and midlife

- Lifestyle changes to manage high blood pressure in midlife
- Understanding menopause
  treatment options
- Nutrition support
- Career coaching



The best part? Affirm fully covers your Maven membership. This means no co-pays and no out-of-pocket costs for Maven appointments and resources. Seriously, no strings attached.

Scan the QR code to get started or go to mavenclinic.com/join/affirm or download the Maven Clinic app.