## JCC MAVEN

## Maven's Return-to-Work Resources

Maven provides virtual support for starting and raising a family, including dedicated resources for postpartum and returning to work. You can use Maven to book virtual appointments with doctors, specialists and coaches, access one-on-one Care Advocate support and connect with other parents.

And it's all free as part of your employer-sponsored membership.

## Whole-person support, on your terms and your schedule



**Unlimited video and texting** with doctors and specialists, including Career Coaches and other experts in the return-to-work-experience



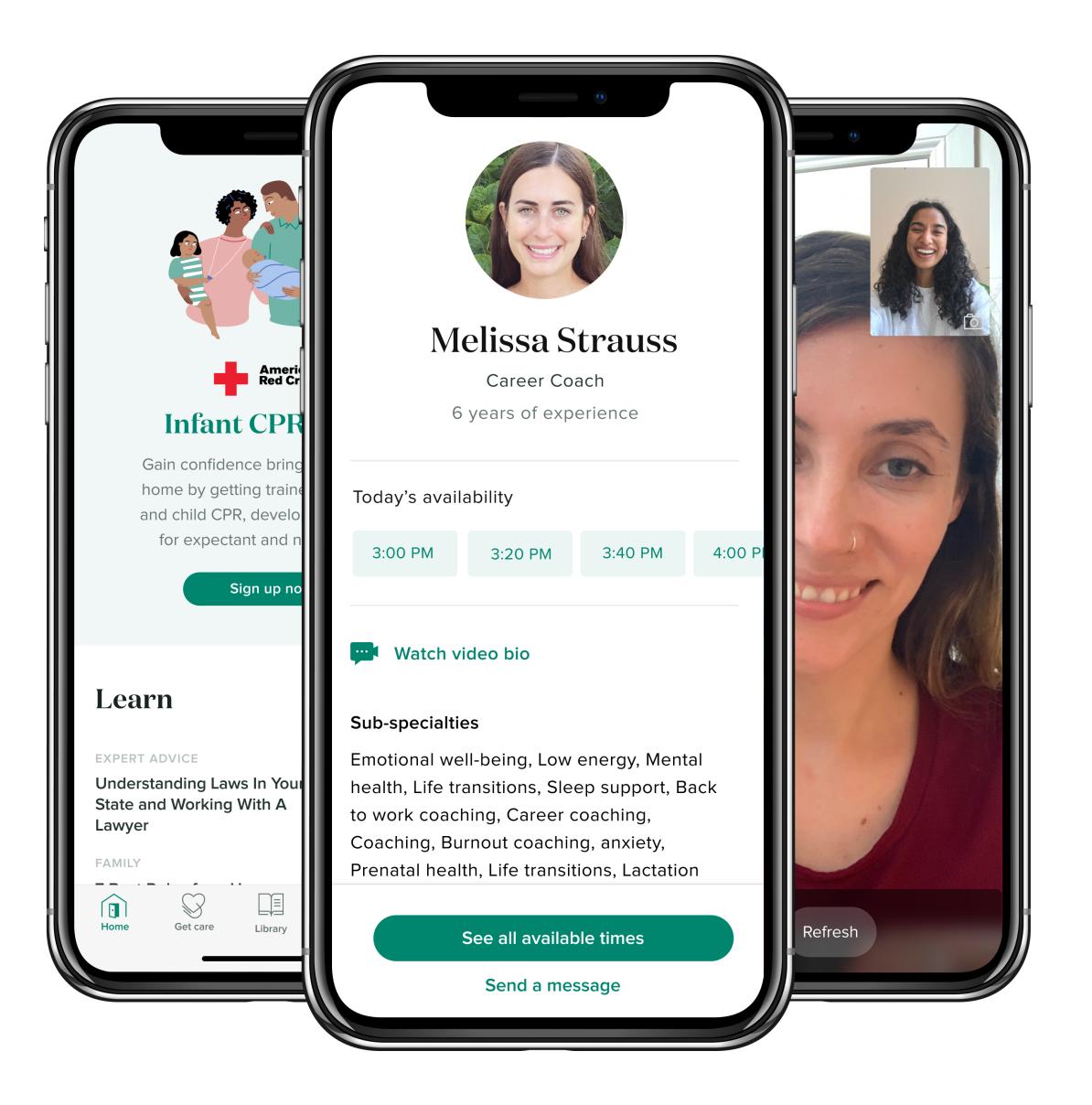
Appointments that fit your schedule through a convenient and easy-to-use digital platform



**One-on-one support** with your own Care Advocate for help finding the right providers for your needs and understanding your benefits



**Informative articles and classes** that are accessible, relatable, and relevant to your life



"Every provider I've met with, every article I've read, and every aspect of Maven emits empathy and incredible knowledge."

> - Melissa Maven member

## There when you need us

Join Maven for free, 24/7 support through pregnancy, postpartum and returning to work.

mavenclinic.com/join/RTW